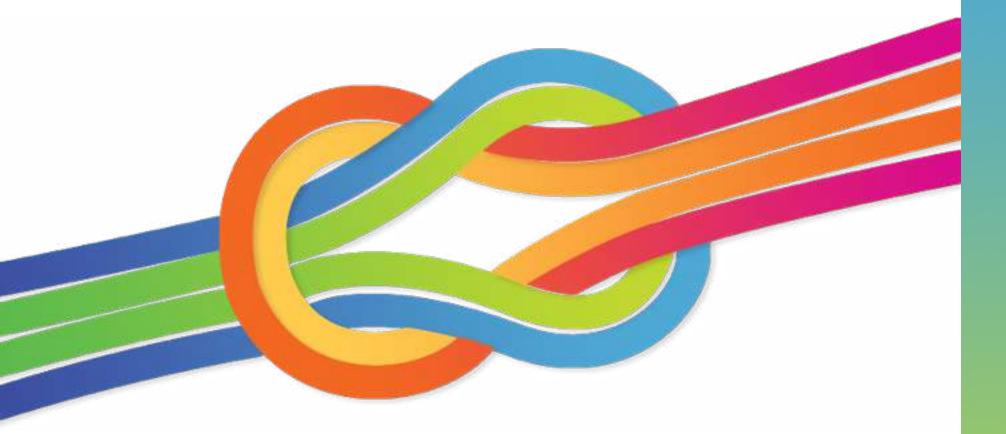






## **Perceiving Others**





## THE PERCEPTION PROCESS

### **The Perception Process**

### Reality is constructed

- First-order realities
  - Physically observable qualities of a thing or situation
- Second-order realities
  - Attaching meaning to first-order things or situations
  - Second-order realities don't reside in objects or events but rather in our minds

### **Steps in the Perception Process**



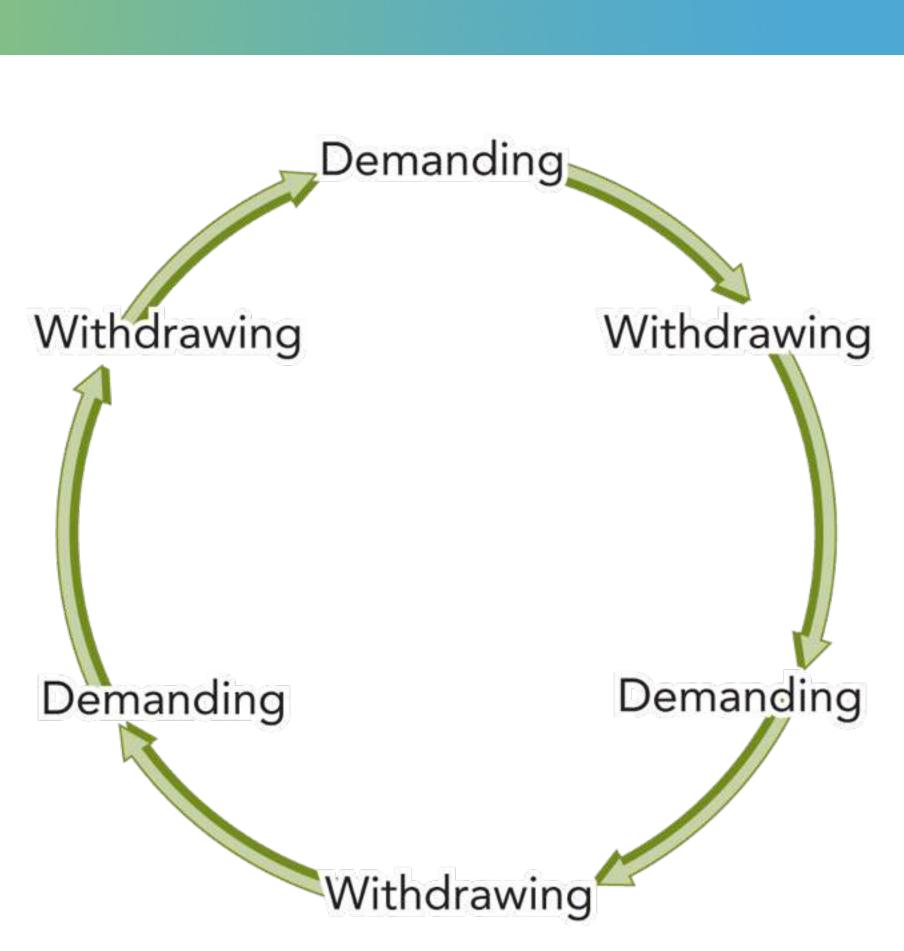
- Selection
  - We "select" which data we will attend to How does the following stimuli influence our selections?
  - - Intensity
    - Repetition
    - Contrast



## **Steps in the Perception Process**

### Organization

- Perceptual Schema
  - Physical constructs
  - Role constructs
  - Interaction constructs
  - Psychological constructs
- How are these constructs used to organize information?

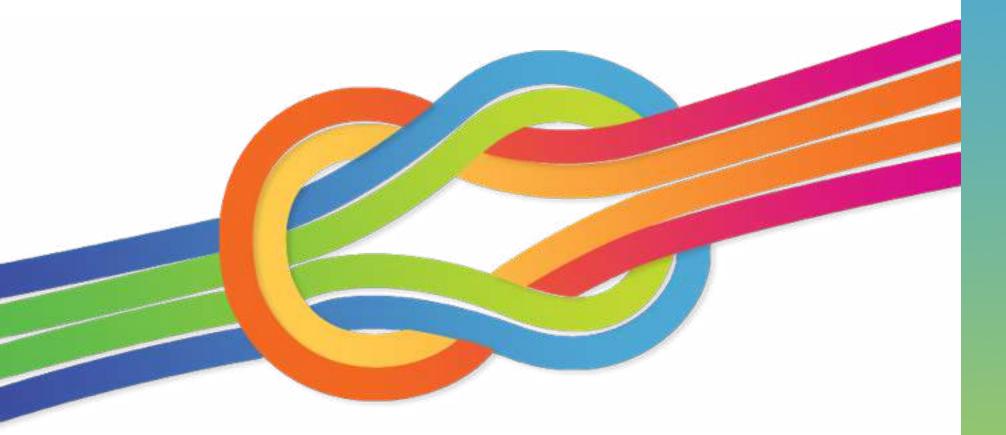


## **Steps in the Perception Process**

Interpretation: Attaching meaning to data

- Considerations:
  - Relational satisfaction
  - Expectations
  - Personal experience
  - Assumptions about human behavior
- Negotiation: Process by which communicators influence each other's perceptions through communication

Narratives: Personal stories created to make sense of our personal world



## INFLUENCES **ON PERCEPTION**



## **Influences on Perception**

How we select, organize, interpret, and negotiate data is influenced by:

Access to information

Physiological influences

- The senses
- Age
- Health and fatigue
- Biological cycles
- Hunger
- Neurobehavioral challenges

## **Psychological Influences**



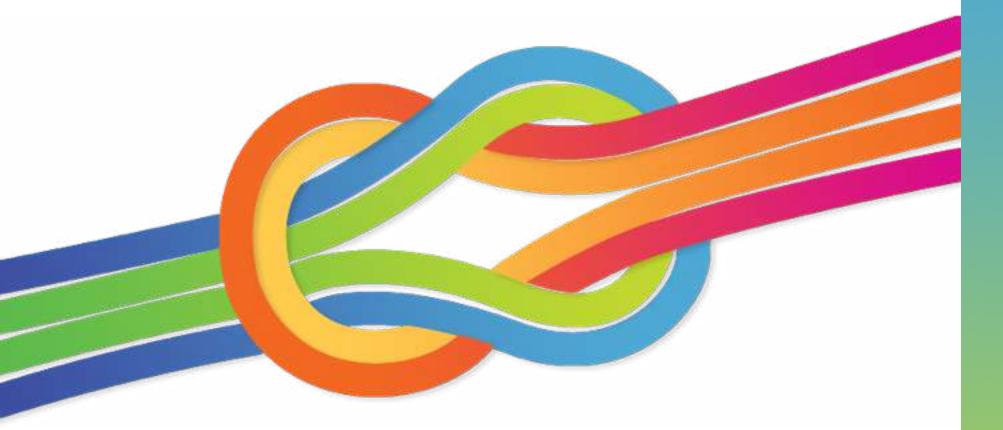
<sup>&</sup>quot;How is it gendered?"

- How we select, organize, interpret, and negotiate data is also influenced by:
  - Psychological influences
    - Mood
    - Self-concept
  - Social influences
    - Sex and gender roles
    - Occupational roles
    - Relational roles

### **Cultural Influences**

- Culture influences selection, organization, interpretation, and negotiation.
- Provide an example of a cultural difference influencing perception. What other cultural norms and values (covered in Interplay, Chapter 2) may influence perceptions?







## **COMMON TENDENCIES IN PERCEPTION**

## **Common Tendencies in Perception**

- We make snap judgments
  - Stereotyping: Exaggerated beliefs associated with a categorizing system
  - Three characteristics:
    - Categorizing others on the basis of easily recognizable but not necessarily significant characteristics
    - Ascribing a set of characteristics to most or all members of a group
    - Applying the generalizations to a particular person

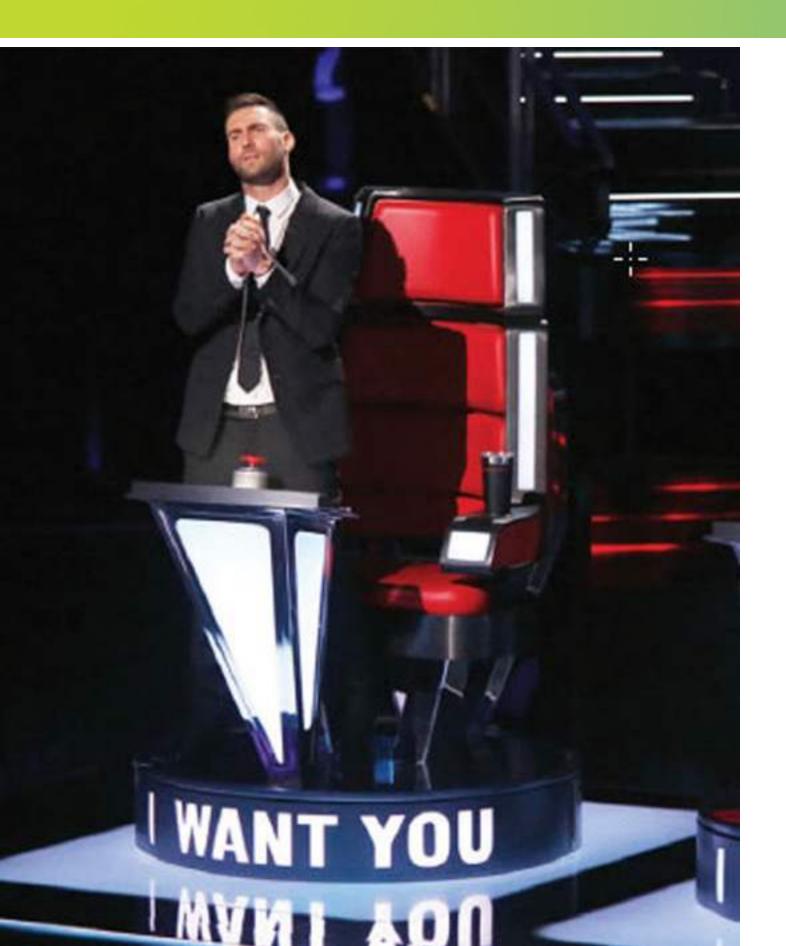


## **Common Tendencies in Perception**

- We cling to first impressions
  - Primacy effect: Tendency to pay more attention to and recall things that happen first
  - Halo effect: Tendency to form an overall positive impression of a person on the basis of one positive characteristic
  - Confirmation bias: We seek out and organize our impressions to support an opinion



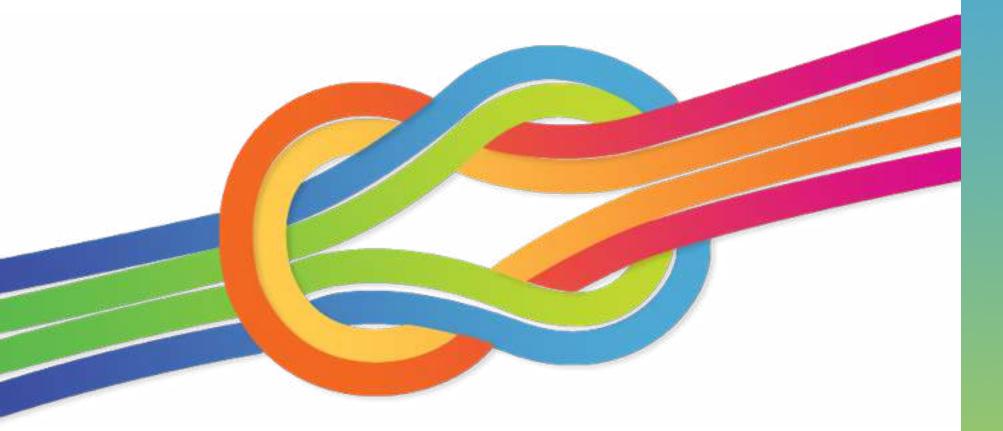
## **Common Tendencies in Perception**



We judge ou do others

- Self-serving bias
- We are influenced by our expectations
- We are influenced by the obvious
- We assume others are like us

We judge ourselves more charitably than we



## **SYNCHRONIZING OUR PERCEPTIONS**



## **Perception Checking**

### Three parts:

Describe the behavior you noticed.

- Consider at least two possible interpretations of the behavior.
- Request clarification about how to interpret the behavior.

of the behavior. ne behavior.

## **Building Empathy**

### Empathy defined

Ability to re-create another person's perspective, to experience the world from his/her point of view

Experiencing Empathy

Interact with others

- Empathy and Ethics
  - Bystanders who feel empathy are more likely to intervene
  - Treatment for offenders involves instilling empathy



"How would you feel if the mouse did that to you?"