# Lyme disease: ecology and emergence

### Context

- 1975: a resident of Old Lyme, CT reported to the State Health Dept that there were 12 children in the town with Juvenile Rheumatoid Arthritis
- Rheumatology Clinic@ Yale is notified of an "epidemic" of JRA in family, community
- Surveillance system set up-
  - 39 children, 12 adults identified with a "rash" of sxs
  - 17/39 children lived on one road
  - 10% of the children in a slightly wider area had symptoms

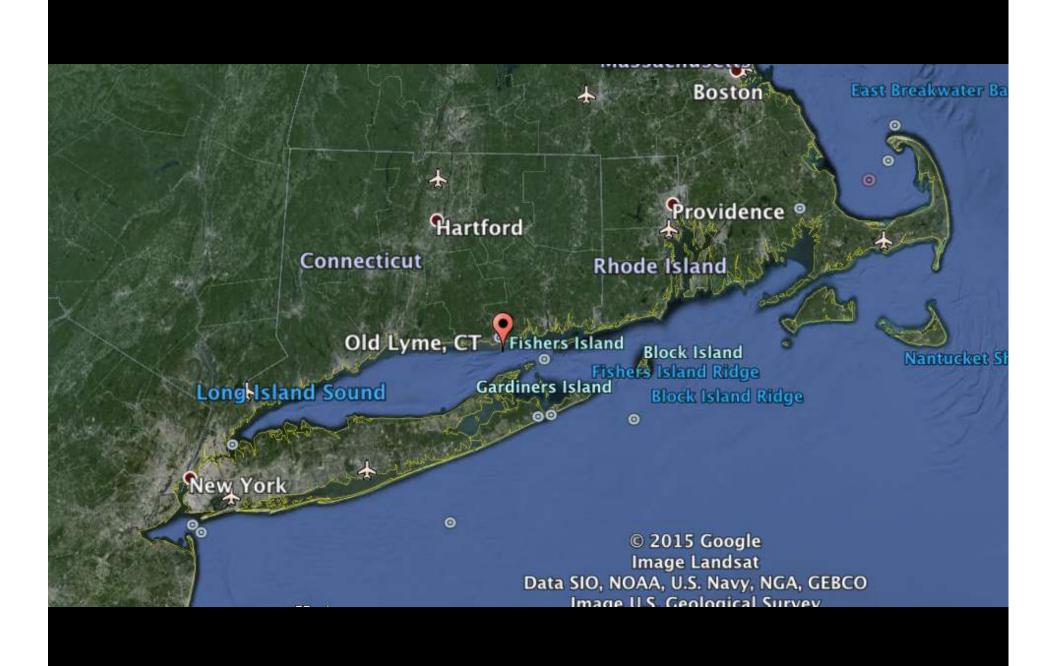
## Symptoms

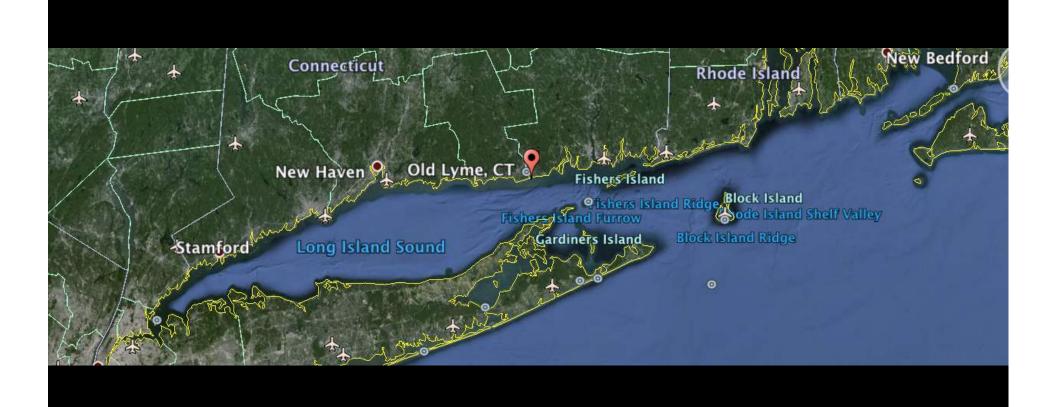
- Swelling in knee or other *large* joint x 1 wk
- Recurrence frequent
- 50%: reported nonspecific syndrome
  - Fever
  - Muscle aches (myalgias)
  - Joint pain generally (arthralgias)
  - Headache, chills, malaise
- Many noted a "circular" rash about 1 month before the symptoms

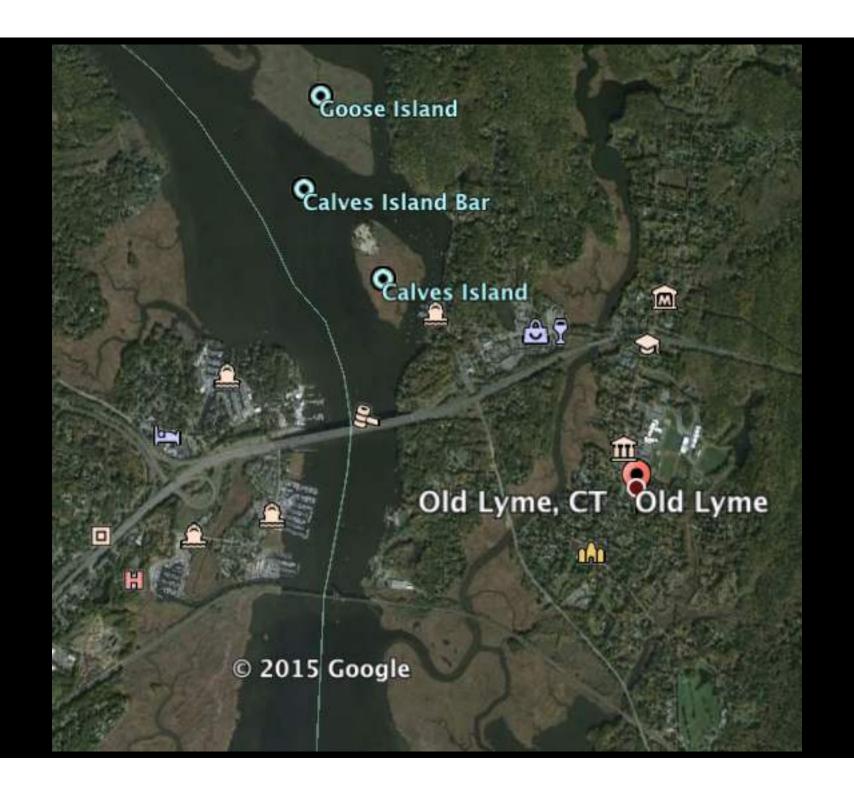
### Context

- Similar syndrome known to be in Europe—
  - Erythema migrans ("moving redness")
- Caused by bite from a tick
  - Ixodes ricinus—"sheep tick"
- Not associated with arthritis

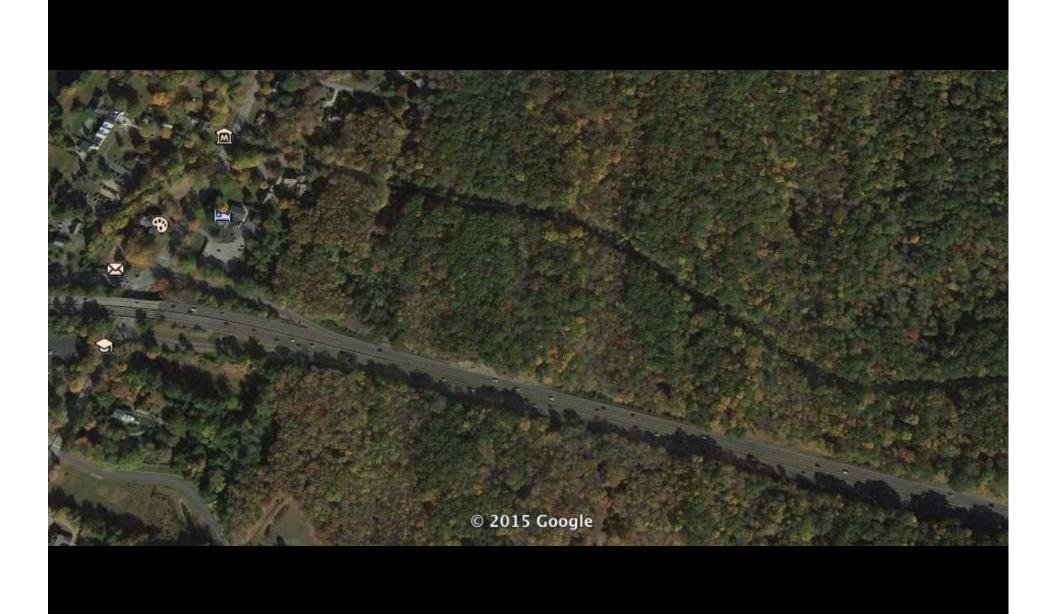
# Controversy of "chronic Lyme"













## Back to the US

- Surveillance around Lyme CT
- Introductory lectures to population, providers
- People then went to clinics, providers
  - "passive surveillance" vs. "active surveillance"
- Incidence on one side of river: 2.8/1000
- Incidence on other: 0.1/1000
- Some remembered tick bite

# (cont)

- Tick-the "deer tick" or Ixodes scapularis (conflict about whether it was called I. dammini)
- Many ticks on high prevalence side of river
- Few ticks on low prevalence side
- Entomologic survey:
  - Many ticks on Peromyscus leucopis (white footed mouse)
  - Many mature ticks on white tailed deer

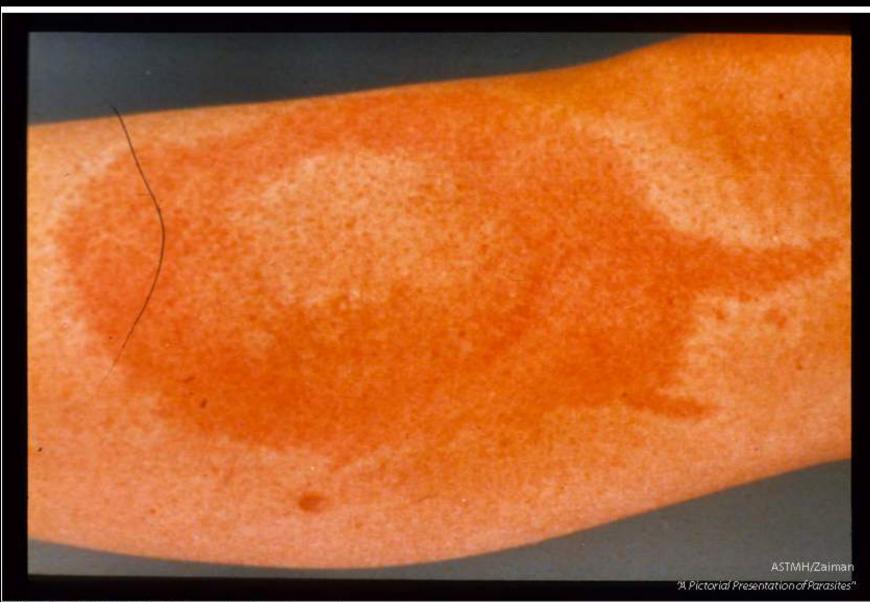
# Long search for pathogen

- Many techniques used w/o results
- Willy Burgdorfer, Yale—medical entomologist
  - Specialty: ticks
  - Noted bacteria in ticks
  - Assoc. with immune response in those with Lyme Disease
  - Similar to samples from Europe, late 1940s
  - Same bacterium found in patients: Borrelia burgdorferi—gram negative spirochetes

# America, or was it there for thousands of years?

How was it imported?





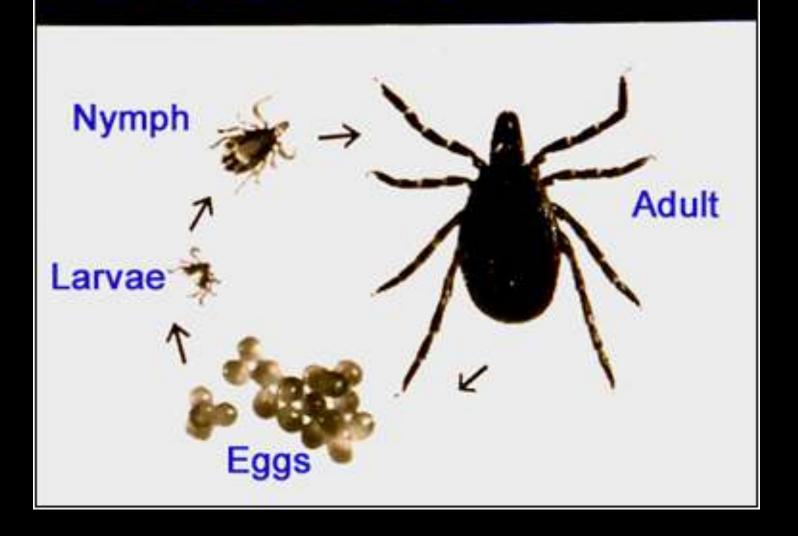
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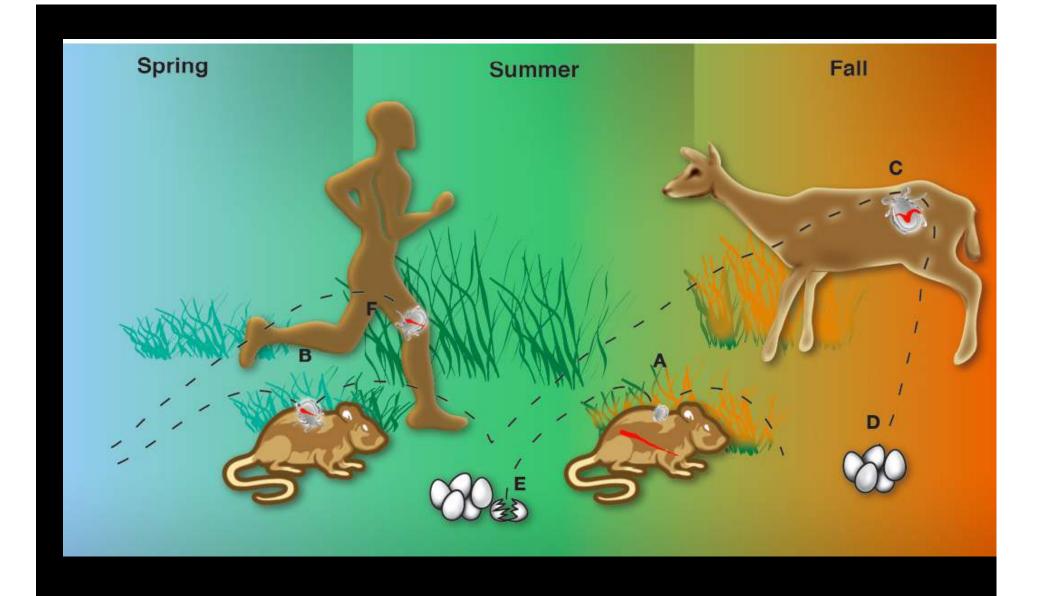






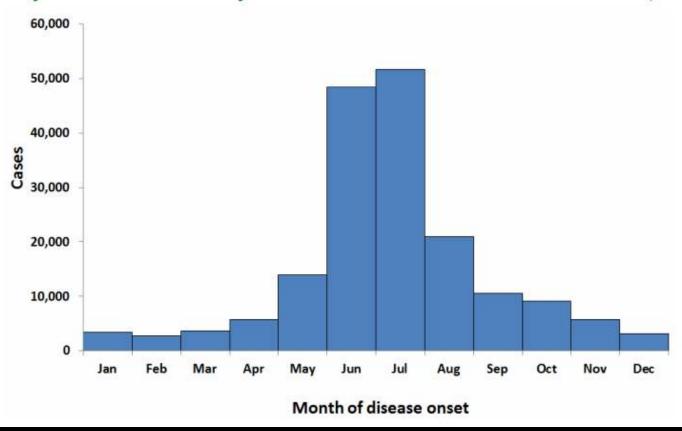
## LIFE CYCLE OF IXODES SCAPULARUS





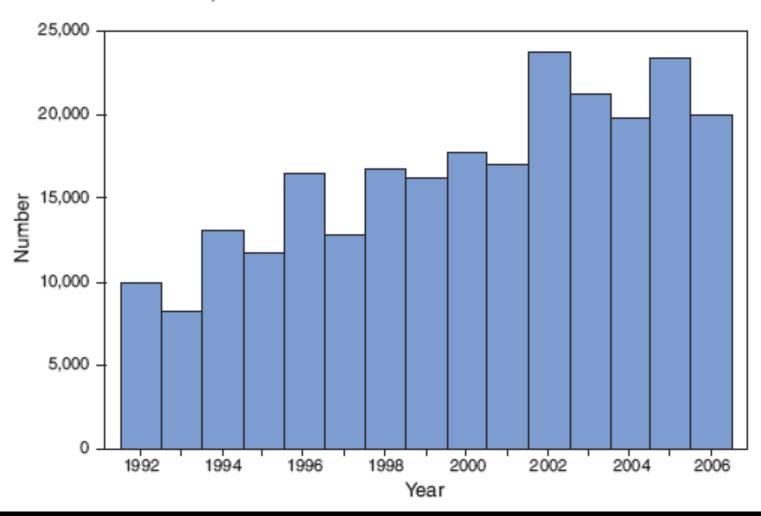
Source: Steere et al, The emergence of Lyme Disease, Journal of Clinical Investigation 2004; 113:1093-1101

Confirmed Lyme disease cases by month of disease onset--United States, 2001-2010

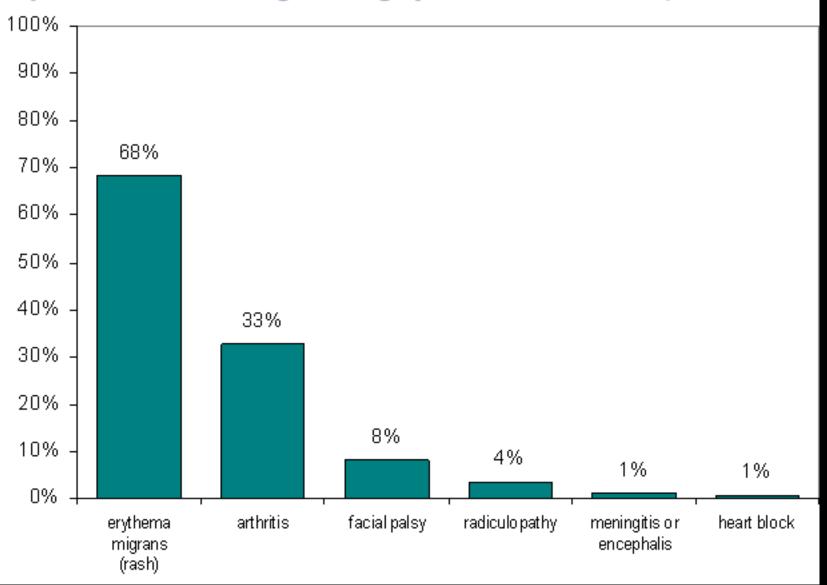


Source: CDC

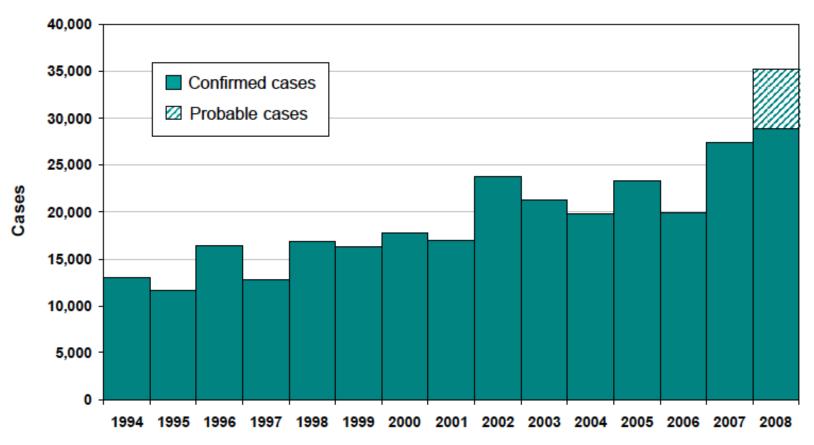
FIGURE 1. Number\* of reported Lyme disease cases, by year — United States, 1992–2006



#### Reported Clinical Findings Among Lyme Disease Patients, 1992-2004



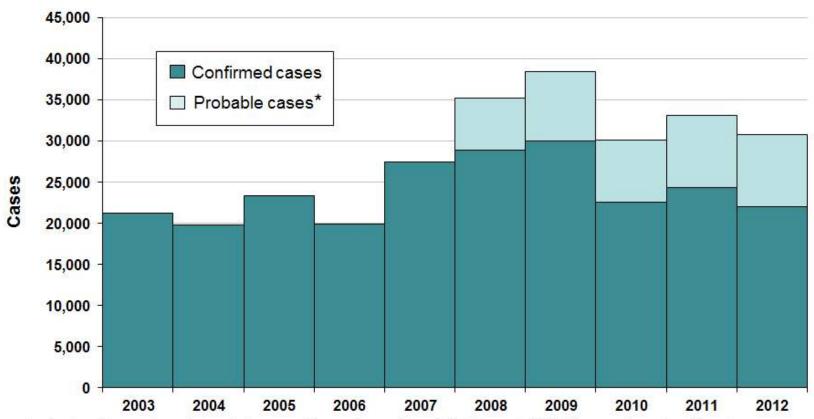
## Reported Cases of Lyme Disease by Year, United States, 1994-2008



State health departments reported 28,921 confirmed cases and 6,277 probable cases of Lyme disease to CDC in 2008. This represents a 5% increase in confirmed cases compared to 2007. The definition and reporting of probable cases was initiated in 2008 based on revisions to the national surveillance case definition.



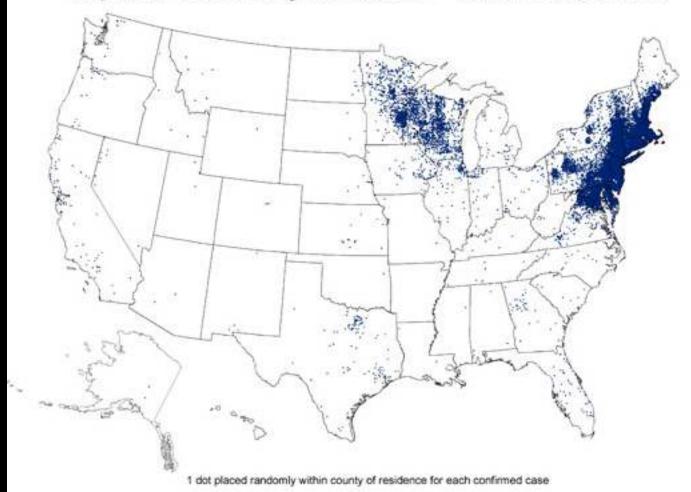
#### Reported Cases of Lyme Disease by Year, United States, 2003-2012



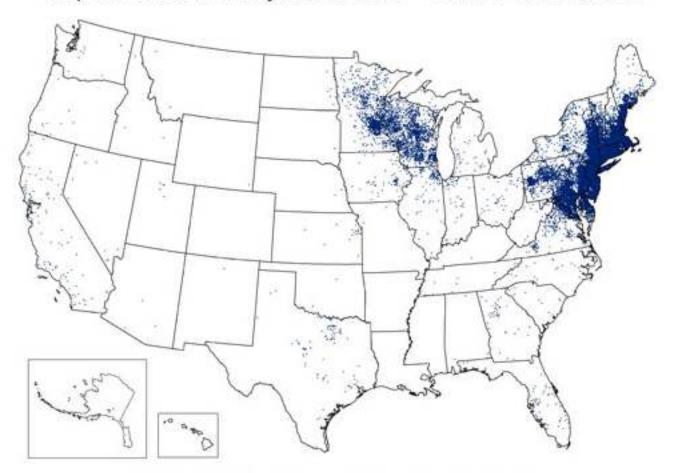
The graph displays the number of reported cases of Lyme disease from 2003 through 2012. The number of confirmed cases ranged from a low of 19,804 in 2004 to high of 29,959 in 2009.

Source: CDC

#### Reported Cases of Lyme Disease -- United States, 2008

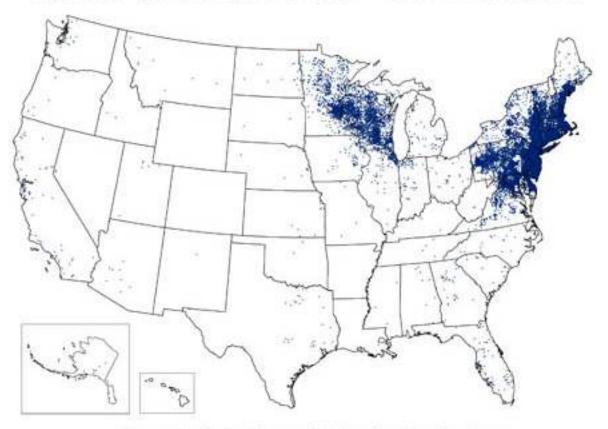


#### Reported Cases of Lyme Disease -- United States, 2009



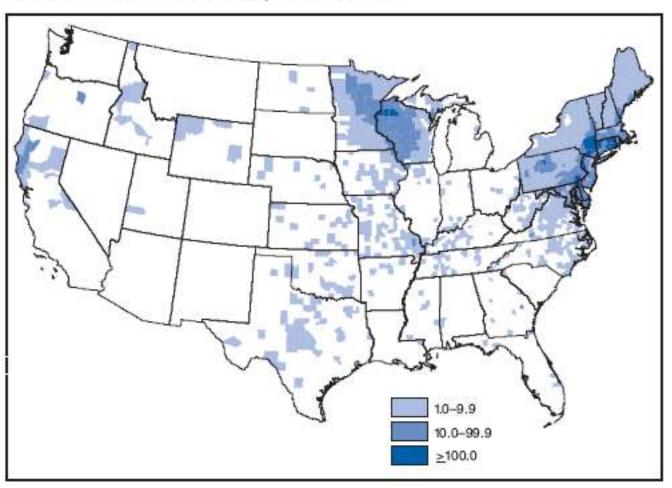
1 dot placed randomly within county of residence for each confirmed case

#### Reported Cases of Lyme Disease -- United States, 2011



1 dot placed randomly within county of residence for each confirmed case

FIGURE 2. Average rate\* of Lyme disease, by county of residence† — United States, 1992–2006§

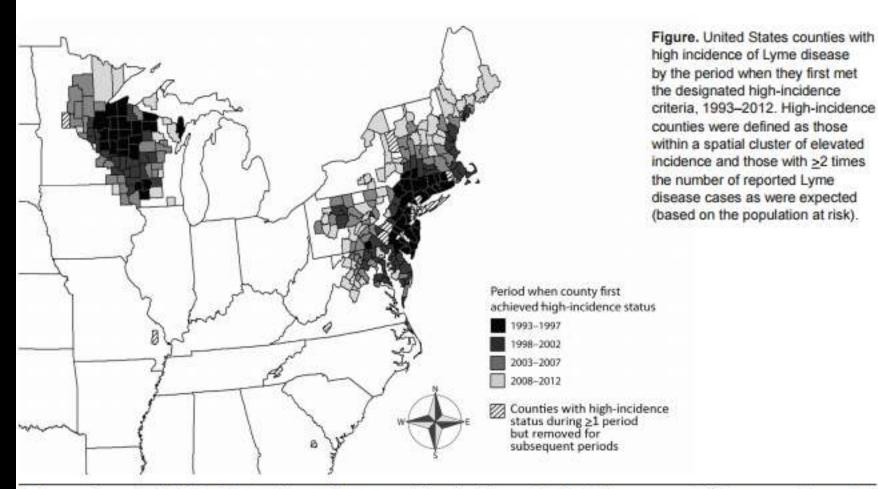


<sup>\*</sup> Per 100,000 population.

<sup>&</sup>lt;sup>†</sup> County of residence was available for 98.1% of cases reported during 1992–2006.

<sup>§</sup> During 2003, Pennsylvania reported 4,722 confirmed cases and 1,008 suspected cases.

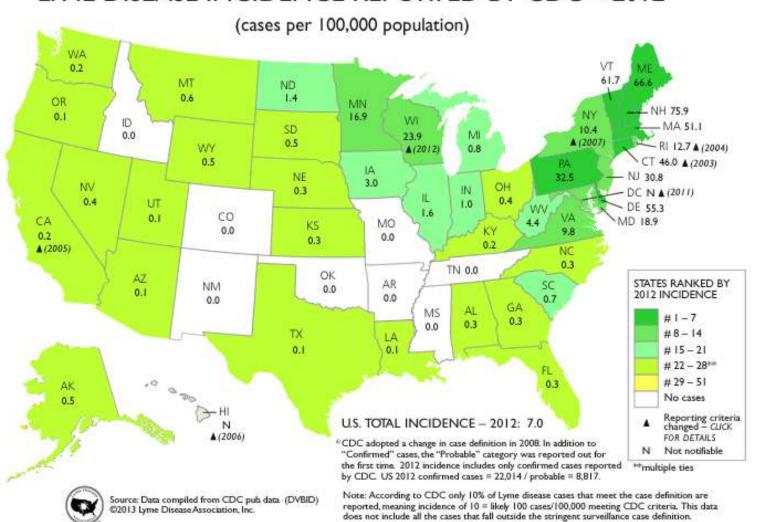
#### DISPATCHES



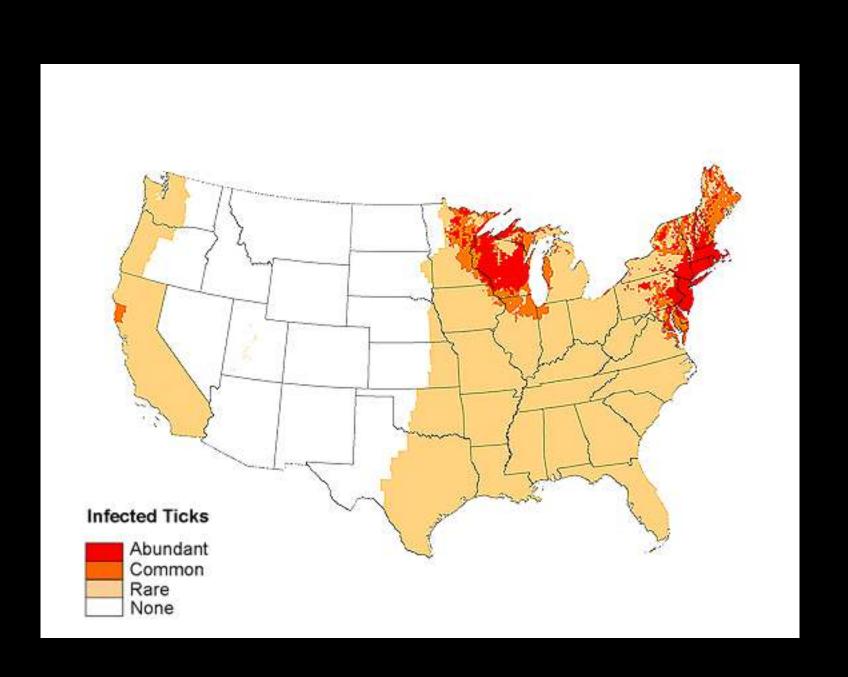
In the north-central high-incidence focus, the geographic center remained relatively stable in northwestern Wisconincidence, the limited movement of the geographic centers suggests relatively constant rates of geographic expansion

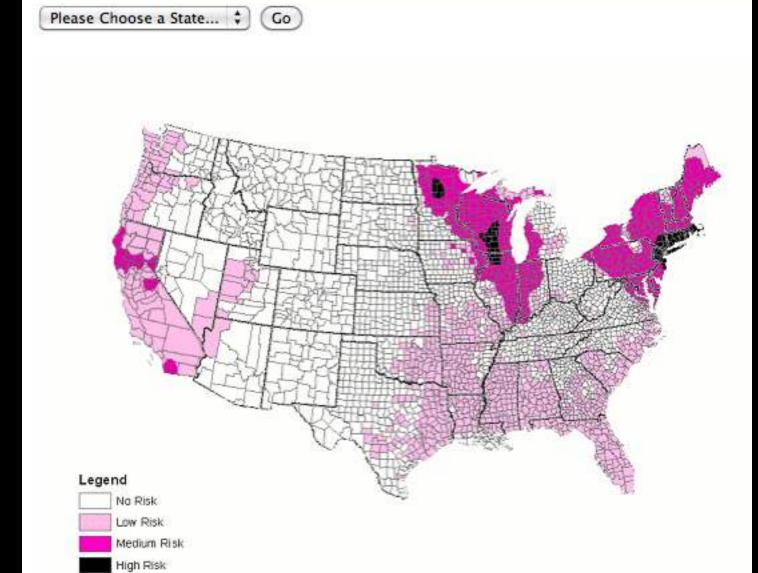
SOURCE: Kugster et al, Emerg Inf Dis, 2015

#### LYME DISEASE INCIDENCE REPORTED BY CDC - 2012\*

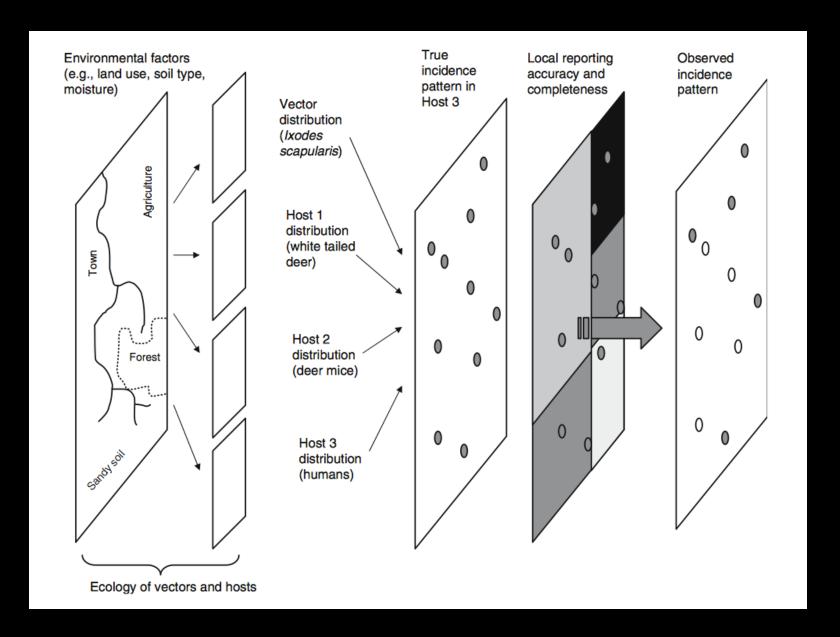


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#### CONCEPTS, LYME DISEASE RISK MAP



Source: WALLER, L.

# A Climate-Based Model Predicts the Spatial Distribution of the Lyme Disease Vector *Ixodes scapularis* in the United States

John S. Brownstein, Theodore R. Holford, and Durland Fish

Department of Epidemiology and Public Health, Yale School of Medicine, New Haven, Connecticut, USA

An understanding of the spatial distribution of the black-legged tick, Ixodes scapularis, is a fundamental component in assessing human risk for Lyme disease in much of the United States. Although a county-level vector distribution map exists for the United States, its accuracy is limited by arbitrary categories of its reported presence. It is unknown whether reported positive areas can support established populations and whether negative areas are suitable for established populations. The steadily increasing range of I. scapularis in the United States suggests that all suitable habitats are not currently occupied. Therefore, we developed a spatially predictive logistic model for I. scapularis in the 48 conterminous states to improve the previous vector distribution map. We used ground-observed environmental data to predict the probability of established I. scapularis populations. The autologistic analysis showed that maximum, minimum, and mean temperatures as well as vapor pressure significantly contribute to population maintenance with an accuracy of 95% (p < 0.0001). A cutoff probability for habitat suitability was assessed by sensitivity analysis and was used to reclassify the previous distribution map. The spatially modeled relationship between I. scapularis presence and large-scale environmental data provides a robust suitability model that reveals essential environmental determinants of habitat suitability, predicts emerging areas of Lyme disease risk, and generates the future pattern of I. scapularis across the United States. Key words: autologistic model, climate matching, GIS, habitat suitability, Ixodes scapularis, landscape epidemiology, Lyme disease, risk maps, spatial analysis, vector-borne disease. Environ Health Perspect 111:1152-1157 (2003). doi:10.1289/ehp.6052 available via http://dx.doi.org/ [Online 12 February 2003]

temperature are major causes of mortality in nonfeeding ticks because the seasonal patterns of these variables control both developmental success and rates for all stages (Needham and Teel 1991). Because 98% of the *I. scapularis* life cycle occurs off of the host, climate should play a major role in the distribution of tick populations across the United States (Fish 1993). However, the complex relationship between the tick vector and the environment hinders a detailed understanding of the ecologic constraints on the distribution of *I. scapularis*.

Moreover, there is still no consensus on the precise geographic distribution of Lyme disease in the United States because of increased human case surveillance, overdiagnosis, underreporting, and human travel. In addition, the underlying ecologic data supporting vector distribution are limited and incomplete because of uneven sampling and a lack of standardized field techniques (Dennis et al. 1998; Fish and

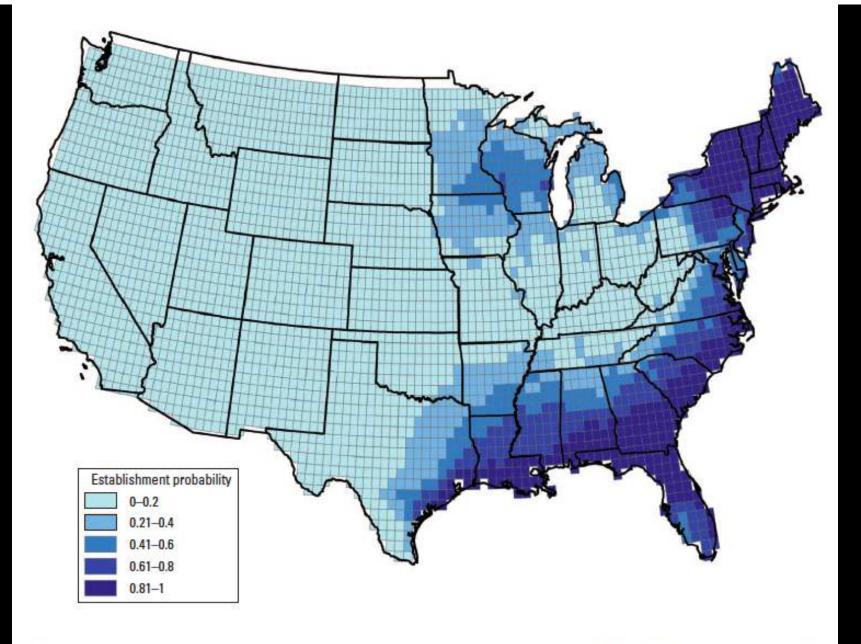


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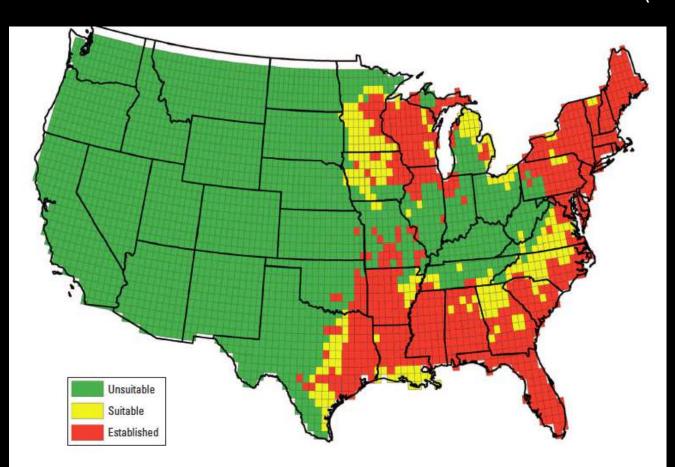


Figure 5. New distribution map for *I. scapularis* in the United States. To determine whether a given cell can support *I. scapularis* populations, a probability cutoff point for habitat suitability from the autologistic model was assessed by sensitivity analysis. A threshold of 21% probability of establishment was selected, giving a sensitivity of 97% and a specificity of 86%. This cutoff was used to reclassify the reported distribution map (Dennis et al. 1998). The autologistic model defined 81% of the reported locations (n = 427) as established and 14% of the absent areas (n = 2,327) as suitable. All other reported and absent areas were considered unsuitable. All areas previously defined as established maintained the same classification.

# Fragmentation of land

Several studies confirm

Land fragmentation conducive to Lyme disease existence

More fragmentation—more Lyme

# What might have happened to explain Lyme?

# Components in understanding

- Land
- Population
- Agriculture
- Economy
- Zoogeography
- Entomology
- And lots of other things



#### EMERGING INFECTIONS

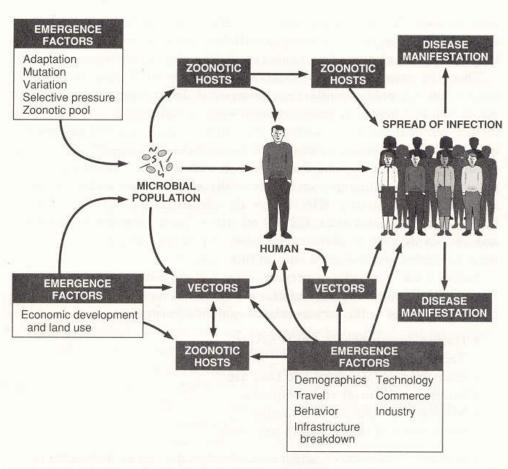


FIGURE 2-1 Schematic of infectious disease emergence.



# Steps in Distribution of Lyme disease

 Need to understand historical geography of US and Canada

# European arrival

Amerindians and Europeans both cleared land

Agriculture and settlement

#### Industrialization and urbanization

- Concentration of more population in urban areas, E. seaboard
- Required agriculture from periphery
- Land clearance
- Forced deer north, and into more rural areas

 DEER ARE "EDGE DWELLERS"-interface of forest, non-forest

#### Next

- Increases in population
- More urbanization
- Commercial agriculture
- Agriculture moved to the north and west
- Pushed deer further north

### Then.....

- Construction of railroads
- Allows suburbanization
- Land value high in center-supply and demand
- Social values: people crave larger and larger homes

# Suburbs in proximity to

- Second growth forest
- Deer move to south to major population centers, forests

People live very very close to deer-same land

CREATES CONDITIONS FOR LYME

#### INTERSTATE HIGHWAY SYSTEM

Begun mid 50's

More or less complete by 1970