**PCN-509 Counseling Disposition Reflection Worksheet**

**Directions:** Review the dispositions document and select three dispositions that you currently meet and that have helped you to be culturally competent. Complete the chart by listing the dispositions met as well as a description of how the disposition is met. Each description response should be 75-100 words in length.

|  |  |
| --- | --- |
| **Dispositions Related to Cultural Competence** | **Description of How the Disposition is Met** |
| 1.  |  |
| 2.  |  |
| 3.  |  |

**Directions:** Now that you have identified dispositions that you currently meet, review the disposition document again and select two dispositions related to cultural competence that may be areas of improvement. Complete the chart below by adding the two dispositions you do not meet as well as a preliminary plan in regards to how you plan to improve the identified dispositions. Each description response should be 75-100 words in length.

|  |  |
| --- | --- |
| **Disposition** | **Description of How you plan to Improve the Disposition** |
| 1.  |  |
| 2.  |  |