Communication

Name

Professor

Course

Date

Communication

**Expression:** **My Model of Communication**

(Purpose): To inform the audience of my model of communication referred to as Expression. (Specific Purpose): At the end of the speech I want the audience to understand communication as any act that involves self-expression verbally, non-verbally, and behaviorally.

**Introduction**

1. (Opening Statement): Have you ever been angry, depressed, happy, or sad? How did you express yourself?
2. Well, today I will be describing my model of communication that I refer to as expression. Expression is simple as it is the most basic action that a human being can perform. From a new born child to an elderly person everyone expresses themselves in one form or another until they feel internally satisfied.
3. As such we will look at my definition of communication and a wider view of Expression.

**Discussion**

1. Communication is the act of expressing our opinions, ideas, emotions, and memories to our surroundings.
2. I choose to recognize that expression is the most basic action communication that can be performed by any human being.
3. Expression is simplistic as demonstrated by a new born baby. At the moment a child is born, it responds with an innocent and faint cry. This expression is the child communicating. To illustrate my model of communication, I will use a torch. The moment the torch goes on and light is emitted.
4. This emission of light is communication. This is a simple one-way action that does not require any reciprocation but just an appreciation of the beauty of expression from the sender.
5. To explain my model in further detail, communication requires a trigger.
6. A trigger is an external factor that one has to experience.
7. The experience causes a reaction that prompts the person to express themselves. Just like the touch is powered by a battery, the communication is powered by the need to express oneself. Under my model, the process of expression continues until their needs are met. The person can gain relief by expressing themselves through behavior, talking, writing, among other ways as their channels of communication.
8. Upon getting relief, the person stops communicating leading to an end in communication.

**Conclusion**

1. In conclusion, according to the expression model of communication, people are always sedentary until they are prompted by the environment to express themselves.
2. This prompt leads to an expression which can be behavioral, verbal or non-verbal. The process can be continuous or intermittent and ends when the need to express is met.
3. The need is only met by the person communicating gaining relief from the need to communicate. So, it is up to you, how will you express yourself?

Person expresses what they feel