**Coding Qualitative Data Worksheet**

**Part 1**

Refer to the patterns, or codes, you identified on the "Interview Transcript." In the table below, list five the codes found in the data. For each code, write a 50-100-word summary to describe what the code represents.

|  |  |  |
| --- | --- | --- |
| **Code Number** | **Code Name** | **Summary Describing Code** |
| **Example** | Exercise | Five participants mentioned exercise as an important component of their health. Participants discussed the importance of exercise, willingness to exercise more, and barriers to exercise. As an example, one participant stated “Exercise is extremely important to me. I’ve worked hard to establish exercising as a part of my daily routine. I go on walks every evening with my family.” |
| **1** |  |  |
| **2** |  |  |
| **3** |  |  |
| **4** |  |  |
| **5** |  |  |

**Part 2**

In a 150-200 words, summarize the overall findings.