Assessment Description

Understanding family structure and style is essential to patient and family care. Conducting a family interview and needs assessment gathers information to identify strengths, as well as potential barriers to health. This information ultimately helps develop family-centered strategies for support and guidance.

This family health assessment is a two-part assignment. The information you gather in this initial assignment will be utilized for the second assignment in Topic 3.

Develop an interview questionnaire to be used in a family-focused functional assessment. The questionnaire must include three open-ended, family-focused questions to assess functional health patterns for each of the following:

1. Values/Health Perception
2. Nutrition
3. Sleep/Rest
4. Elimination
5. Activity/Exercise
6. Cognitive
7. Sensory-Perception
8. Self-Perception
9. Role Relationship
10. Sexuality
11. Coping

Select a family, other than your own, and seek permission from the family to conduct an interview. Utilize the interview questions complied in your interview questionnaire to conduct a family-focused functional assessment. Document the responses as you conduct the interview.

Upon completion of the interview, write a 750-1,000-word paper. Analyze your assessment findings. **Your questionnaire should be submitted as an appendix to your assignment.**

Include the following in your paper:

1. Describe the family structure. Include individuals and any relevant attributes defining the family composition, race/ethnicity, social class, spirituality, and environment.
2. Summarize the overall health behaviors of the family. Describe the current health of the family.
3. Based on your findings, describe at least two of the functional health pattern strengths noted in the findings. Discuss three areas in which health problems or barriers to health were identified.
4. Describe how family systems theory can be applied to solicit changes in family members that, in turn, initiate positive changes to the overall family functions over time.

Cite at least three peer-reviewed or scholarly sources to complete this assignment. Sources should be published within the last 5 years and appropriate for the assignment criteria.

Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are required to submit this assignment to LopesWrite. A link to the LopesWrite technical support articles is located in Course Resources if you need assistance.

Please see the notes below.

1. **Your questionnaire needs to include the answers provided by the family members and should be submitted as an appendix to your assignment**. Please access the Student Success Center to learn how an Appendix should be included as an appendix. If the questionnaire is not included your paper it will negatively effect your grade as this is a large part of your grade. Your questionnaire needs to include the answers provided by the family members and should be as an appendix to your assignment. Please access the Student Success Center to learn how an Appendix should be included as an appendix. If the questionnaire is not included your paper it will negatively effect your grade as this is a large part of your grade.
2. The plan for improvement should be based on the three identified barriers to health. It should include a specific step by step plan to illustrate change over time.
3. [Cite](http://assistance.leasecite/) at least three peer-reviewed or scholarly sources to complete this assignment. Please use a citation generator to produce your reference and citations. You can access one free on the internet. GCU uses the 7th Edition APA formatting guide. Make sure your sources were published within the last 5 years and appropriate for the assignment criteria.
4. Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center
5. This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion. The rubric is what I use to grade your paper.
6. You are required to submit this assignment to LopesWrite.**I cannot accept any paper that has a similarity index over 19%.**