**The Future of Managed Care in the U.S.**

Student

Institution

Instructor Name

Course

Date

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According to Navarro and Cahill (n.d.), managed care is a framework that focuses on offering high-quality patient care and medical services by efficiently using scarce resources to minimize overall care costs. Therefore, after a careful evaluation of the healthcare system in America, I believe managed care can significantly benefit the majority of the population, especially disadvantaged groups who find health costs and access challenging. Some of the arguments for managed care that make it a promising approach for Americans include its potential to minimize medical care costs without compromising on the quality of care (Navarro & Cahill, n.d.). The healthcare system can achieve this by establishing medical provider networks with the capacity to offer medical care as well as referrals in instances of medical demand. Another argument for this approach is that it creates a platform where the public can access care from within the established network, thus improving efficiency. Also, it allows for an easier and faster flow of information including patient medical data, thus enhancing treatment approaches and care continuity. Other advantages are enhancing individuals’ assurance of care within the network and allowing for the integration of care delivery systems as well as consolidation of financing systems (Navarro & Cahill, n.d.).

On the other hand, arguments against managed care articulate certain factors such as the potential to restrict access to medical care for individuals without provider coverage. Besides, Barnes (2012) emphasizes the widespread concept of fee-for-service where patients tend to spend more on medical services as medical providers sometimes include unreasonable costs and services. In some cases, individuals are compelled to advocate for themselves including following up with their insurance providers to guarantee authorization of out-of-network operations.

Therefore, I believe that managed care can be a promising approach to the healthcare delivery system in the U.S. as it grants the majority of people in America the opportunity to access medical services and high-quality care at optimal costs.

**References**

Barnes, J. (2012, May 7). *Moving Away From Fee-for-Service*. The Atlantic. <https://www.theatlantic.com/health/archive/2012/05/moving-away-from-fee-for-service/256755/>

Navarro, Robert. P., & Cahill, Judith. A. (n.d.). *Role of Managed Care in the U.S Healthcare System*.