Purpose Statement Worksheet

The purpose statement describes the goal of the study and includes the following elements: the purpose of the study, the subjects/population who will participate in the study, the geographic location of the study, and the research methodology used in the study.

# Sample Purpose Statement

The purpose of this proposed qualitative exploratory study is to explore why caregivers do not practice good self-care and to explore barriers preventing good self-care practices. Ten caregivers from Dallas, Texas, caring for partners with breast cancer will participate in semi-structured interviews. The purpose of the interviews is to understand why caregivers do not practice good self-care and to describe possible barriers preventing good self-care practices. Results of the study could encourage caregivers to implement good self-care practices to avoid becoming physically and psychologically ill.

To complete the Purpose Statement, answer the following questions:

# Purpose of the Study

**Example**: The purpose of this proposed qualitative exploratory study is to explore why caregivers do not practice good self-care and to explore barriers preventing them from implementing good self-care practices.

**Identify** the purpose of your study. Start your answer on a new line.

# Subjects/Population Who Will Participate in the Study

**Example**: 10 caregivers

**Identify** the population or subjects who will participate in your study. Start your answer on a new line.

# Geographic Location of the Study

**Example**: Dallas, Texas

**Identify** the geographic location of your study. Start your answer on a new line.

# Proposed Research Method (Quantitative or Qualitative)

**Example**: Qualitative

**Identify** your research method. Start your answer on a new line.

# Putting It All Together

Now, **write** your purpose statement in paragraph form. Start your answer on a new line.