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| The first section is for introducing the client. Please include the following information:**Agency Information**: Fort Tryon Rehabilitation Center and Nursing**Client information (confidentiality of course)** CT is identified as a 40-year-old, single, African-American female of Christian faith. She was admitted to Fort Tryon Rehab on 03/17/2022 after hospitalization at Lincoln hospital due to Bilateral lower extremity Edema and pain. PMH: DM with Proteinuria, Acute combined systolic and diastolic heart failure, HTN, right-sided heart failure, metabolic syndrome, Obesity.**Session Number** **Date**: 04/13/2022**Presenting Issue (reason for referral)** **Relevant Information** **Presenting Issue:** **Goal of Session**1. Client Goal.
2. Your Goal:
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| **Dialogue****Please group dialogue together.** | **Identity (for each section)**1. **Theory**
2. **Tools**
3. **Skills**
 | **Analysis/assessment of dialogue**What was going on?  What were the patient's reactions to your feedback?  How did the client respond verbally (quality of voice, tone, did the respond better to closed or open-ended questions?) How did the client respond non-verbally (how did you know they were listening? were they distracted? Did they welcome your feedback?) | **Personal reactions and self-reflection to the interaction**What were you thinking?  How do you feel the session went?  What could you have done better?  What will you do differently/the same next time? |
| . SW: Since you started therapy, do you see any changes within you?CT: Absolutely yes, but I don’t know when I am going to be discharged. My bosses keep on harassing me sending emails every day and am too stressedSW: I understand what you’re going through, now let’s talk about your discharge plan. CT: I eager to know about its sir.SW: Your discharge has been scheduled and the date will be 05/03/22.CT: Well, I have heard that but how will go home when I don’t know my diagnosis? My short-term disability paperwork hasn’t yet been signed yet; I don’t know what is going onSW: Your paper was forwarded to Dr. Santiago to be signed but since he not a cardiac specialist, he is waiting for cardiologists for a diagnosis to be able decide your status.CT: I understand but when is going to be done so that I could forward the paperwork to my boss?SW: Like as I said Dr. Santiago will wait a report from your cardiologist.CT: Okay, but I am letting you know that I am stressed about this.SW: I understand how intense it is.SW: Well, lets talk about your discharge plans, what are your needs you would need when in order for you to go back home.CT: I need walker which will enable me walk and also transportation taking me to my appointments.SW: Does your insurance policy cover the transportation?CT: I don’t know about; I am eager to know about that to.SW: I will have to look into that.CT: OkaySW: Lets talk about the place you live at, in our first meeting you disclosed that your building does not have elevator, how are you going to with that issue moving up on 5th floor in the situation you’re in right now?CT: I have no option; I keep trying my best. This is the best I have lived longer.SW: Do you hear from your children?CT: Ofcourse yes, on daily basis, I do assignment with them by virtual.SW: Great, as you’re to be discharged soon, are you going to live with them?CT: They will live with me.SW: In your situation you’re in right now, how will they go to school moving them back and fro?CT: Their father will be taking them to school since we live in the same community.SW: Sounds good, you’ve got a good baby father. | **Theory:** **Tools:** **Skills:**  |  | .  |
| SW: In your situation you’re in right now, how will they go to school moving them back and fro?CT: Their father will be taking them to school since we live in the same community.SW: Sounds good, you’ve got a good baby father.CT: He has been there for me in this time of being hospitalized but he keeps on also pressurizing and asks me when I am getting back home to take care of them.SW: Probably he gets overwhelmed by work plus taking care of kids.CT: That shouldn’t even a reason. He is the father.SW: How are you feeling noticing that you’re going home soon?CT: I am feeling quite anxious, it’s going to be challenging since I don’t have elevator. | **Theory:** Social Learning Theory**Tool:** Utilized closed-ended questions to get a good idea of the capabilities of the client to take care of herself**Skills:** Empathy, active listening |  |  |