This is Stage 1, not sure what the learning goals are, your company completed this. I believe the goals are what you’re suppose to make it. My professor doesn’t grade hard just do the best you can

|  |  |  |
| --- | --- | --- |
| **Stage 1 – Desired Results** | | |
| **Unit** | **Summary** | |
| **Name:**  Health Education  **Grade/Subject:**  Grade 5/Personal Hygiene  **Length of Unit:**  3 Days | *According to the CDC(n.d.), “practicing health-enhancing behaviors can contribute to a positive quality of life.” Most injuries and diseases can be prevented by avoiding risky and harmful behaviors. This unit of personal hygiene is intended to promote healthy behaviors among grade 5 students.* | |
| **Established Goals**  **“**Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks**” (**Henry County Schools, n.d.) | Content Standards:   1. Identify responsible health behaviors 2. Demonstrate healthy behaviors and practices to improve their health (CDC, n.d.). 3. Demonstrate responsible behaviors that reduce health risks | |
| **Transfer** | *Students will be able to use their learning to:*   1. Practice personal hygiene habits 2. Boost their confidence by dealing with problems such as body odor and bad breath. 3. Protect themselves from getting sick. | |
| **Meaning** | **Understandings**   1. Students will know the meaning and importance of personal hygiene 2. Students will know the behaviors that characterize personal hygiene 3. Students will know the different kinds of diseases they can contract if they do not practice personal hygiene. | **Essential Questions**   1. What comes to your mind when you hear someone say “personal hygiene?” Why should people exercise personal hygiene? 2. How would you know if your classmates, teachers, friends, or relatives are exercising personal hygiene? What do they do to ensure they are clean at all times? 3. What kind of diseases would people contract if they did not exercise personal hygiene? |
| **Acquisition** | **Knowledge**  *Students will know that:*   1. Personal hygiene enhances good health 2. Most injuries and diseases can be avoided or prevented by avoiding risky and unhealthy behaviors. | **Skills**:  Students will be skilled at:   * Flossing and brushing their teeth * Hand washing * Taking regular showers and baths * Covering their mouth/nose when sneezing or coughing |

References

Henry County Schools (n.d.). Georgia Performance Standards for Health Education. Retrieved from <https://schoolwires.henry.k12.ga.us/Page/92828>

CDC (n.d.). Standard 7. Retrieved from <https://www.cdc.gov/healthyschools/sher/standards/7.htm>