
Shameka Cooper

Strengths Insight Guide

SURVEY COMPLETION DATE: 06-23-2020



DON CLIFTON

Father of Strengths Psychology and
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Shameka Cooper

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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Restorative
2. Input
3. Context
4. Intellection
5. Ideation

Restorative

SHARED THEME DESCRIPTION

People who are especially talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you instinctively trust your judgment to determine what you should be doing better, more perfectly, or more thoroughly in the future. You customarily seek opportunities to enhance and upgrade things, including yourself. Instinctively, you routinely select activities that demand precision and accuracy. Figuring out the steps you need to take to reach the highest level of perfection probably gives you a feeling of satisfaction. Because of your strengths, you are inclined to read books, publications, or Internet sites that offer tips on how you can improve yourself as a person, a parent, a student, a professional, an investor, or a craftsperson. Making apologies to no one, you aim to conquer your shortcomings. By nature, you usually pay more attention to your shortcomings than your strong points. You customarily devote yourself to overcoming your limitations. It's very likely that you center your efforts on making improvements that you decide are intriguing and relevant to your life. You devote a great deal of time and energy to acquiring the knowledge and skills that you sense you lack. You regularly challenge yourself to address your shortcomings.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Input

SHARED THEME DESCRIPTION

People who are especially talented in the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you have a deep yearning to acquire more knowledge and gain new skills to heighten your expertise. Usually you desire to be in the know — that is, completely educated about your area of specialization. Not surprisingly, you suffer greatly when an information vacuum exists or you are left out of the information loop. Because of your strengths, you may be a wordsmith — that is, a person who works with words. Perhaps you collect complicated terms and their definitions. Whether you can use these immediately or months later is of little concern. You might realize your sophisticated vocabulary is an “open sesame” — that is, words that unfailingly bring about a desired end. You might speak or write in such a manner that the condition of humankind or the planet improves in some small, yet meaningful, way. By nature, you gravitate to people who love to think about and talk about the past. Your taste in books and other written materials often leads you to the history sections of bookstores, libraries, or Internet sites. Your passion for reading about humankind’s ever-unfolding story allows you to feel quite comfortable in the presence of knowledgeable historians. Instinctively, you prepare for assignments by reading extensively. Your capacity for pulling together information from books, publications, correspondence, notes, or Internet sites serves you well. As a result, you often avoid feelings of self-reproach — that is, blaming yourself for not knowing something you should have known. Driven by your talents, you fill your mind with new ideas by asking questions, reading, studying, observing, or listening. Normally, you accumulate facts, data, stories, examples, or background information from the people you meet. Determining what they want to accomplish in the coming weeks, months, or years generally satisfies your curiosity. These insights also allow you to understand why individuals behave the way they do in different situations.

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Context

SHARED THEME DESCRIPTION

People who are especially talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you sometimes research historic events to understand their impact on today's people or events. Maybe knowing what occurred in bygone days helps you make sense of current conditions or the behavior of certain individuals. Driven by your talents, you regularly expand your knowledge base. You aim to deepen your expertise about historic rivalries and global influences that ignited major wars. Chances are good that you enjoy having opportunities to think with people who reflect on past events. Why? They can relay — that is, pass along — information that helps you put the words and deeds of people in their proper perspective. It's very likely that you appreciate historically minded people. You likely befriend those who ask for your views on past events or interesting luminaries — that is, prominent individuals. Instinctively, you are intrigued by experts who can enlighten you about past events or historic people. You are particularly interested in history's contribution to the current state of affairs.

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Intellection

SHARED THEME DESCRIPTION

People who are especially talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you have a strong, no-nonsense, sober side to your personality. It explains why you often engage in conversations that delve into weighty or philosophical matters. You like to think deeply and carefully about various issues. Then you want to talk with serious-minded people who can help you explore, expand upon, question, or modify your thinking. It's very likely that you delve into intriguing subject matter. You read, write, listen to lectures, experiment, and research topics to broaden your understanding of them. Often you think of questions no one else has ever asked. Just as often, you find your own answers. Instinctively, you treasure books and other publications because they are rich sources of information. You regard the written word as a gateway to a vast world of new ideas. Your quest to interpret events, grasp facts or understand concepts appears limitless. Frequently you read to broaden your perspective on very familiar as well as altogether unfamiliar topics. Because of your strengths, you tend to be a critical reader. That is, you take apart writers' ideas and examine them bit by bit. Only then do you judge whether they have merit. Generally your scrutiny of the written word, rather than your emotions, guides your decision-making process. Chances are good that you enjoy reading as long as you can savor each sentence and consider each idea. Your goal is to comprehend everything you read. It makes no sense to you to rush through books, magazine or newspaper articles, Internet sites, or other forms of written material just to say you finished them.

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Ideation

SHARED THEME DESCRIPTION

People who are especially talented in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you tune in to people and figure out what they are saying and thinking about you. You are acutely aware of how individuals regard you. You probably curry — that is, try to win — the favor of some and seek to impress others. Because of your strengths, you contribute many innovative ideas to the group during brainstorming sessions. You tend to be highly imaginative when proposals are fully heard and any criticism is reserved for a later time. Driven by your talents, you typically generate inventive ideas for new projects, especially those that require upgrading things. When you are challenged to be an innovative thinker, you feel valued. Chances are good that you are quite proficient — that is, you have a high degree of knowledge and skill — at devising different ways to perform tasks, plan events, take advantage of opportunities, or solve problems. Frequently you provide the creative intelligence for original undertakings of a personal or professional nature. By nature, you sometimes use words, terms, or phrases that force people to stop and think in new ways.

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