# LAMAR DOUGLAS

# Locker-room Attendant - Lynwood Unified School District

Compton, CA 90222 Idouglas\_310@yahoo.com (310) 464-7286

Hard-working Kinesiology and Wellness major currently attending El Camino Community College, with 15+ years of work experience. Aiming to leverage a proven knowledge of special events, facilities management, and community outreach skills to successfully fill the Summer Youth Development Professional role at your company. Frequently praised as adaptable by my peers, I can be relied upon to help your company achieve its goals.

## **WORK EXPERIENCE**

#### **Locker-room Attendant**

Lynwood Unified School District - Lynwood, CA

January 2004 to Present

- Attend to needs of athletic teams in clubhouses.
- Maintain inventories of clothing or uniforms, accessories, equipment, or linens.
- Issue gym clothes, uniforms, towels, athletic equipment, and special athletic apparel.
- Set up various apparatus or athletic equipment.
- · Activate emergency action plans and administer first aid, as necessary.
- Maintain a lost-and-found collection.
- Clean facilities such as floors and locker rooms.
- · Assign dressing room facilities, locker space, or clothing containers to patrons of athletic or bathing establishments.

# Park Supervision / Recreation Leader

#### **City Of Paramount**

May 2001 to January 2004

- Under the direction of the recreation supervisor I helped plan, organize, implement, market, and evaluate a variety of recreation and cultural activities and/or classes.
- Implements the program planned for a facility (e.g. community center, playground, gymnasium, game room, etc.);
- Organizes groups according to age, interest and ability
- Acts as a Sports Official and maintains order at games and contests
- · Supervises play or club activities
- Coordinate park club activities and assists in the development of park holiday programs such as Christmas, Easter, and Halloween.
- Monitored the use and care of equipment and facilities at one or more parks.
- Maintain and submit reports and records as required.
- Attends staff meetings to discuss special problem(s), the inter-playground program(s) and
- the community recreation program(s);

.

- Open and secure various facilities as assigned.
- Assists with routine clerical duties such as the preparation of use permits and reports, fee collection and reporting, and program scheduling.

## **EDUCATION**

# A.S. in General Education with emphasis in Kinesiology and Wellness

**El Camino Community College** - Torrance, CA June 2019

## **SKILLS**

- Sports Coaching
- Time Management
- Facilities Management
- Teaching

## ADDITIONAL INFORMATION

- Formal training, and / or experience teaching youth while creating engaging learning experiences.
- MS Office
- Social Media
- Email Communication
- Communication and collaboration tools