

Patient Profiles

Choose ONE as the subject of your signature assignment paper.

001.

J.W.



60-year-old African American male, Catholic. 6'0", 230 lb. Married with three children. Traveling three days a week, eating out three meals per day, sedentary activity. Current diet: Fast food, high calorie, low nutrients. He has been diagnosed with HTN, and Type II Diabetes and is to lose one pound per week for three months. Rx: He currently takes 500 mg Metformin twice daily, 200 mg Metoprolol daily, and a multivitamin.

002.

S.W.



35-year-old Asian female, Buddhist. 5'2", 95 lb. Single, light activity. She has a history of HIV/AIDS, malnutrition, poor dentition. Fixed income with limited family. Current diet: National Institute of Health 1200 calorie diet. Rx: She currently takes Antiretroviral therapy: Prezobix (Darunavir 800 mg and Cobicistat 150 mg) 1 tab daily, 1000 mg calcium daily.

003.

C.J.



30-year-old Caucasian female, Jewish, 5'7", 135 lb. Single with two children. Works 5 days a week, and is moderately active. Current diet: Atkins. History of Crohn's disease. Rx: 2 grams sulfasalazine 3 times a day, 1000 mg calcium daily.