Developmental Milestones: Unit 5

CE114-(add your course section)

(Name of Student)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Birth to Age 1** | | **Age 1 to Age 2** | |
|  | *Milestone* | *Strategy to enhance it* | *Milestone* | *Strategy to enhance it* |
| Example | *1. Lifts head* | *Strategy: Place baby on tummy to encourage lifting head* | *1. Points to items* | *Strategy: Place interesting objects in toddler’s environment* |
| Physical and Motor |  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Social and Emotional |  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Cognitive and Language |  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Behavior |  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Developmental Milestones Chart and Discussion of How Biological and Environmental Factors Influence Development**

Using the multiple resources throughout Units 1-5 on developmental milestones in the child from birth to the second birthday, create a chart of your own. This chart should discuss three milestones and environmental strategies to target these milestones in each of the following domains from birth to two years of age keeping in mind that there is overlap between many of the developmental domains:

* physical and motor development- include fine and gross motor milestones, and physical development milestones
* social and emotional development
* cognitive and language development
* behavior: behavior overlaps in many of the developmental domains. You should discuss typical behaviors of the child including temperament and attachment, and how this can affect behavior. In addition, think about crying, eating, sleeping, and play of the young child.

When creating your chart, you must include at least three developmental milestones for each domain and three strategies that the adult can do to help that child reach the milestone you are describing. For each developmental milestone, you will describe an environmental strategy that an early childhood professional could use to address that milestone. **Remember a milestone describes a skill the child can do or is learning to do whereas a strategy describes the action an adult does to help the child reach the milestone**.

**To recap, EVERY box in your chart should contain 3 milestones and 3 strategies. I strongly suggest that you list them in every box as:**

**\*\*\*\*\*Our text book which The Developing Person Through Childhood Sixth Edition *(EBook ISBN: 1464166528)* maybe used as one of the 3 reference along with this website which may be used *also be used to help with the chart:***<http://www.pbs.org/wholechild/abc/>

*Please include a one-page discussion addressing the fact that children develop at varying rates and how biological and environmental factors influence development. Please be sure to use resources from units 1-5 to complete this project.* ***Please delete all red type prior to submission*** *and fill in with your original information.*

Paragraph one should introduce the topic of typical development and discuss how expected developmental milestones are based on the idea that children tend to follow similar developmental patterns.

Paragraph two should discuss biological influences that may affect development and should include specific examples from what you have learned in the first five units.

Paragraph three should discuss environmental influences that may affect development and should include specific examples from what you have learned in the first five units. This paragraph should include a conclusion that summarizes your discussion.

References

Berger, K. S. (2011). *Developing Person through Childhood*, (6thed.). [VitalSource Bookshelf

Online]. Retrieved from http://kaplan.vitalsource.com/#/books/1464166528/

(You must include at least three references in APA format)