Week 3 - Journal

Your Personality Type

Take the Myers-Briggs or Keirsey Temperament Sorter to determine your personality type of the 16 types specified. Conduct a Google search on your type. Do you feel the type is accurate? Why or why not?

How does learning about your type help your involvement in groups, particularly in the human services profession when working with various populations in service delivery, serving on committees, or with groups of colleagues at your organization or agency?

Your journal should be 350-500 words in length. Cite and reference your reflective journal in APA style 6th ed. Format.

The Evolving Group

Last week, you learned about the heart of any group—communication—and that communication is not just an exchange of words. Communication that is effective requires that involved parties be mindful of body language and nonverbal cues, stay abreast of cultural nonverbal cues that may be considered offensive, and master the art of active listening in order to serve populations in the human services effectively and to be a valued member of the team or group at their respective human service agencies and organizations. This week, you will learn about personality types in relation to working in groups, as well as evolving groups, and to work with diversity in the context of small groups. You will take a temperament-sorter assessment to determine and discuss personality type and analyze a recent scholarly article (6 years old or newer) and create a written analysis of the article. You may also complete an ungraded self-check and optional questions to enhance learning.



Resources

**Required Text**

Adams, K., & Galanes, G. (2017). [*Communicating in groups: Application and skills*](https://ashford.instructure.com/courses/47245/modules/items/2394804)*(10th ed.).*New York, NY: McGraw-Hill

* Chapter 5: Becoming a Group
* Chapter 6: Working with Diversity in the Small Group

**Required References**

Human Metrics. (n.d.). Jung Typology Test [Web page]. Retrieved from [http://www.humanmetrics.com/cgi-win/jtypes2.asp  (Links to an external site.)](http://www.humanmetrics.com/cgi-win/jtypes2.asp)

Keirsey.com. (n.d.). Welcome to the Keirsey Temperament Sorter (KTS-II) [Web page]. Retrieved from [http://www.keirsey.com/sorter/register.aspx  (Links to an external site.)](http://www.keirsey.com/sorter/register.aspx)

McConnell, K. (2014, November 21). Leveraging your personality in the workplace: Understanding your Myers Briggs core type [Video file]. Retrieved from https://www.youtube.com/watch?v=--I5UZ0LvjY