**The Problem:** Not Sleeping

**Define the problem:** I recently purchased a mattress once it was delivered and signed for before I realized I was sent the incorrect mattress. Unfortunately, because I signed for the delivery, I can no longer return the mattress. The mattress is firm and has been causing me not to sleep as I can’t find comfort in the bed. I am accustomed to a soft mattress, so the firmness is killing my back.

**Generate ideas:**

1. I can purchase another mattress
2. I can sell the mattress
3. I can move the mattress to the extra bedroom and then take that mattress
4. I can keep the mattress and continue to suffer
5. I can burn the mattress

**Select and refine the idea:** I can purchase another mattress so that I can get the proper rest that is needed for me to be able to continue throughout the day.

**Implement the idea:** I have startedsaving money from every paycheck to hopefully be able to purchase the mattress within the next three months.

**Evaluate and analyze the action plan:** If I haven’t saved the money needed for the mattress in 3 months, I will have to dip into my savings account and purchase the mattress because I can’t continue to lose out on sleep.