Clinical Problems

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Course Title

Date

Nursing is not an easy job, it’s a job that requires oodles of patience accompanied by great attitude, and enormous resources of compassion even kindness as well as adaptability. Under this, we are going to examine the challenges encountered by handling **bed-ridden patients. T**hese are patients who have difficulties in making movements for their own. They move from one place to another through the means of stretchers, moving beds as well as chairs by the aid of nurses. It’s highly experienced with nurses working in orthopedic and ICU sections in a particular hospital.

According to Azpiroz, Feinle-Bisset, Grundy and Tack (2014).Nurses are likely to suffer from regular back pain since when they conduct these operations it forces them to work while bending on their back so that they can effectively perform their duty. Most of these patients experience difficulties in even performing their private duties such as going for a long or short call without the presence of the nurse. Since the number of nurses available is small compared to the number of patients comes in every day. Especially in public hospitals, this is highly experienced because it's cheaper or it is affordable to many common citizens, therefore, congestion is the order of the day in this public hospitals. Since the hospital is not like any other public office hence to be opened at a given time and closed at a given time it is operational 24/7 which makes the nurses to be engaged with patients 24/7.

The chairs or beds used with these patients even if they have wheels they heavily depend on the effort of the nurse to move. It will be possible and cheap if those patients are stationed in one location until they get well but tell me how they are going to get vitamin D, go for long and short calls, take their drugs at that similar position, due to this you can just agree with me that this cannot be possible. Therefore they need to move from one location to another to search for a given need. Nurses help them to access or this by moving them on chairs or bed as well as changing their clothes.(Azpiroz, Feinle-Bisset, Grundy and Tack 2014).

Unlike a normal human, being nurses have to drive them with maximum care because they are full of complications. Nurses due to this have limited time to access best meals and time to make their body free for a given time for health purposes. When they create some little space for themselves to relax they are usually disturbed to attend to a given patient who needs their attentionWysocki, Diaz, Crutchfield, Franciosi and Werk (2017). This also creates stress to nurses as well as lacking professional respect they want from patients since patients see them every minute they to lack respect for them, unlike the doctors who they meet once in a while those giving him/her much respect. It also forces the nurses to act as the watch dog to these patients since they don’t know at what time they are expected to perform a given task, therefore, the nurses have to be there to remind them or do on behalf of them.

No any task that is performed by these nurses that do not require them to bend so that the communication can take place. This increases chances for nurses to regularly experience back pain. Since nurses are not given special priorities in the hospitals like the doctors so that they can be considered and given some assistance. The end result is that they are left to struggle with that kind of patience even if they are of small numbers. Due to this many nurses have resigned while others striking for better salary and good working conditions so that they can avoid challenges they encounter in the name of saving the life.

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