**Sebastian,**

**To dance with a white dog**

Top of Form

To Dance With The White Dog (1993), elderly couple, Sam and Cora Peek celebrate 50 years of being happily married together with their children, grandchildren, and friends. Soon after, Cora dies of a heart attack which leaves Sam alone with his children concerned about him. Sam insists to continue to work in his orchard besides his age. Then one day along comes a white dog who befriends Sam and keeps him company, who he starts to believe is the spirit of his late wife, Cora. His children call him crazy for seeing this white dog that they can never seem to spot, claiming that is is part of his grief process. Sam then goes on a trip which leads to Sam getting into an accident. The white dog then appears to his children and help guide them to save Sam from drowning. After Sam dies, the white dog also disappears, which then leads them all to believe that it was the spirit of Cora all along.

This heartwarming sad movie shows an accurate depiction of older adults as they continue to live their lives while their children are already grown and have families of their own. Sam is stubborn about stopping his work in the orchard working on his trees. Just as we have read about fragility in older adults, this does not mean that they have to stop everything and not continue to do what they like. The concept of aging was depicted positively, as Sam and Cora were happily married and accepting of the future. Cora even jokes about Sam being able to get remarried when she passes away. Yet when Cora does die, their children worry too much about him and insist that he stops his work and force their help onto him. Yet he continues to do things on his own. Sam even claims that he is fine being alone, he prefers it. Although he does start to have hallucinations of his wife. After Sam’s car accident, he starts to accept his fate and the fact that he is getting closer to death. This is a vital part of the death process. He begins to do things as closure as he knows that he will be leaving soon. He stays positive during this time as he is hopeful to finally see his wife Cora once again. Overall the movie did show a more positive side of older adult life and dealing with death of a spouse and one’s death as well. I would recommend this movie and give it a 5 rating.

Bottom of Form