Discussion question 3

Name

Institution

**3. Components of public and community health differ from individual health?**

Health programming planning models (HPPMs), along with theories are essential elements for planning, implementing and evaluating successful health programs. HPPM offer the steps-by-steps process that gives structure to the program, organize the program and gives specific directions and still provides the framework for planning, implementing, and evaluating health programs.

Models are the structures and the health behavior theory provides the schema for understanding events or situation, explaining and predicting them according to the relationship among the variables (Hernandez, 2011). Models draw a number of theories to help understand a specific problem in a particular context or setting; the health behaviors and infrastructures of long-entrenched derogatory habits and the environment that are difficult task when committing to a plan of action.

Planning models offer health educator as a road map to follow, helping them achieve the required changes in a systematic and structured format. Implementing, ensuring that there are enough resources to help establish the public sector and maintain it all motives and taking quality measure to ensure proper sanitation and better health care. According to Hernandez (2011), this is by evaluating, providing effectiveness and accuracy, making sure things are going as planned and enhancing proper medical care by making patients are taking the right precautions.

Reference

Hernandez, B. L. M. (2011). *Foundational concepts of global community health promotion and education*. Sudbury, MA: Jones & Bartlett Learning.